

Scrutiny Board (Adults, Health & Active Lifestyles

Working Group Summary: Adult Mental Health High Intensity Rehabilitation Inpatient Services

For consideration: 12th November 2024





Adults, Health & Active Lifestyles Scrutiny Board

Adult Mental Health High Intensity Rehabilitation Inpatient Services

Background:

In January 2024, NHS England issued new [Commissioner Guidance for Adult Mental Health Rehabilitation Inpatient Services](#) that signalled a shift from what were historically referred to as 'locked', high dependency or complex rehabilitation, to a new 'Level 2 High Intensity Inpatient Rehabilitation' model. These services apply to people aged 18 years and over who require intensive support for a mental health rehabilitation need, above what can be provided within a Level 1 service, and that can only be treated within an inpatient environment.

During its June 2024 meeting, the Adults, Health and Active Lifestyles Scrutiny Board was advised by the Chief Executive of the Leeds and York Partnership NHS Foundation Trust that the Trust was undertaking plans to enhance its rehabilitation inpatient service for adults with complex mental health needs through a potential capital investment opportunity.

Having recently secured the investment through NHS England, the Trust's proposed plans are now being progressed. Linked to the Scrutiny Board's 'Health Service Developments Working Group' approach, a working group meeting was held on 3rd October 2024 to enable Board Members to be briefed in more detail on proposed plans for Adult Mental Health High Intensity Rehabilitation Inpatient Services.

This summary note sets out the main issues arising from the working group's discussion for the consideration of the full Scrutiny Board.

Attendees: This working group meeting was attended by the following individuals:

BOARD MEMBERS

Councillor Andrew Scopes (Chair)	Councillor Kevin Ritchie
Councillor Lyn Buckley	Councillor Eileen Taylor
Councillor Andy Rontree	Councillor Wyn Kider
Jonathan Phillips (Healthwatch Leeds Co-opted Member)	

Apologies: Cllrs C Anderson, E Bromley, M France-Mir, J Gibson and C Hart-Brooke. Jane Mischenko (Healthwatch Leeds Co-opted Member)

ADDITIONAL ATTENDEES

Dawn Hanwell, Deputy Chief Executive of Leeds and York Partnership NHS Foundation Trust (LYPFT) and Senior Responsible Officer for the High Intensity Rehabilitation Programme.
Ric Carroll, Head of Operations for the High Intensity Service, LYPFT.
Amanda Burgess, Head of the Programme Management Office, LYPFT.

Recommendation: The Scrutiny Board (Adults, Health and Active Lifestyles) is asked to note the content of this summary.



Main issues considered by the working group.

Defining and commissioning mental health rehabilitation inpatient services.

Mental health rehabilitation inpatient services provide care and treatment for adults and older adults who have an identified mental health rehabilitation need. This includes people who may also have a learning disability, who are autistic or who have been given a diagnosis of personality disorder.

However, NHS England acknowledges that variation in the language and terminology used to describe mental health rehabilitation inpatient services is confusing and persists despite previous attempts to tackle it. The new commissioning guidance published by NHS England in 2024 therefore seeks to address this by defining NHS inpatient rehabilitation for people with serious mental illness as a two-level approach. The guidance states that the key difference between level 1 and level 2 mental health rehabilitation inpatient services is that a level 2 service can offer more intensive support to people to meet their needs; this may be relational and/or adapted environments and procedures.

The new commissioning guidance states that commissioners must be clear, based on their population needs' assessment, what services they need to commission and plan accordingly using this two-level approach for all mental health rehabilitation inpatient services. Mental health rehabilitation inpatient services must also be commissioned as locally as possible in recognition that people accessing mental health rehabilitation inpatient services at a distance from their home can make it harder for them to reconnect with their communities, receive visits from family and friends and access support networks.

Plans to develop a 18-bed single sex Level 2 mental health rehabilitation inpatient facility.

A review has been undertaken by the West Yorkshire Integrated Care System's Mental Health, Learning Disability and Autism Programme Board of the needs of its service users placed in complex rehabilitation hospital units. Linked to this, Board Members were advised of proposed plans being led by the Leeds and York Partnership NHS Foundation Trust (LYPFT) to augment the current service offer that is being delivered on Ward 5 at the Newsam Centre (within the Seacroft Hospital campus) based on the new commissioning guidance. This 17 bedded ward offers complex rehabilitation to men aged 18-65 and while it currently serves the Leeds area of the West Yorkshire Integrated Care Board (ICB), the aim is to increase the service footprint to also accommodate men from across West Yorkshire, some of whom are currently receiving care in hospitals (including those in the independent sector) far from home.

To deliver this effectively, Board Members were informed of the Trust's proposed plans to redevelop its vacant Parkside Lodge facility in Armley into a modern fit for purpose unit to accommodate a 18-bed single sex Level 2 high intensity rehabilitation inpatient service. A summary of the service and clinical model design was also provided. In securing the necessary capital funding from NHS England, Board Members were advised of the need to accelerate the project timelines in order to fulfil the condition of such funding being spent within a short timeframe.

In supporting the desired improvement outcomes linked to the proposed plans, importance was placed on ensuring a smooth transition to the new Parkside Lodge facility. Board Members therefore sought assurances in terms of the effective engagement and involvement of existing service users and relevant staff, as well as consulting local residents and other stakeholders linked to the required planning application process.



Main issues considered by the working group.

Anticipated period of completion.

Board Members were advised that the Trust anticipates moving the staff and service users into Parkside Lodge in the summer of 2025. However, as the proposed development will comprise the refurbishment and redesign of the existing structure at Parkside Lodge, the timeframe will be subject to the successful appointment of a building contractor who can undertake the work to the right quality in the required timescales within the budget envelope.

Particular importance was placed on achieving a design that is fit for purpose and accessible to all and linked to this, Board Members were assured that the proposed development would be aligned to the 'Health Building Notes' published by the Department of Health and Social Care, which give best practice guidance on the design and planning of new healthcare buildings and on the adaptation or extension of existing facilities.

Ensuring effective staff engagement and involvement.

Board Members were informed that an extended period of engagement with staff had commenced on 2nd September 2024 with a letter to all staff announcing the development and inviting them to drop-in sessions for Q&A. These drop-in sessions were initially held during September and helped to inform a Frequently Asked Questions document. Further drop-in sessions had also been planned for October, November and December involving staff side union representatives too.

On 16th September 2024, one-to-one meetings with individual staff members had commenced and paper copies of the architect's plans and internal designs had also been shared with relevant staff for information, as well as being displayed on the ward using high quality display boards.

Board Members also acknowledged the Trust's plans to schedule staff site visits in November prior to commencement of building works (subject to planning permissions).

Board Members were assured of the Trust's commitment to ensure that impacted staff remain informed, engaged and involved in the change programme with the aim of retaining as many staff as possible moving into the new Parkside Lodge facility. To assist with this move, Board Members were pleased to note that transport options will be outlined for each staff member with the intention of also enabling them to claim for any additional costs of travel, either as mileage or public transport costs.

Where such staff would prefer not to move, or are unable to move, then the Trust will make every endeavour to compassionately redeploy them where possible when it starts formal management of change consultation, which is anticipated in the spring of 2025. The one-to-one meetings with individual staff members will assist the Trust in identifying those who are happy to move across to Parkside Lodge, which is anticipated to be the majority, alongside those who are interested in other options such as redeployment.

Board Members were advised that given the long lead time, this enables the Trust to consider any vacancy issues and should the Trust need to backfill for vacancies, then it will initially be seeking to recruit from the Armley area.



Main issues considered by the working group.

Ensuring effective service user engagement and involvement.

Board Members were informed that the engagement process with service users is being led by the Trust's ward Occupational Therapist and a dedicated Co-Production Lead who sits on the management group and will support staff to effectively engage with the service users on Ward 5, along with their carers, regarding the plans to augment the service model and move to Parkside Lodge.

Having firstly commenced initial engagement with staff, an extended period of engagement with service users had commenced on 9th September 2024 with a letter to all patients announcing the development within the weekly 'Your Views' patient community meeting. Paper copies of the architect's plans and internal designs had also been provided to the ward as well as being displayed on high quality display boards. Similar to the approach with staff, site visits will also be scheduled for long stay service users in November prior to commencement of building works (subject to planning permissions).

As well as scheduling dedicated weekly meetings with service users to share, discuss and develop plans for involvement, Board Members were informed that the Trust's Co-Production Lead and the Communications and Engagement Manager are also looking to establish a working group with current service users and staff to work on the following areas and any other appropriate exercises:

- *Internal artwork for various parts of the building* – this is an opportunity for talented artists who may be service users or staff to have their work on display at Parkside Lodge.
- *The development of patient and carer information about the new service* – such as website content, printed information, photography and the production of a short video showing what life will be like in the newly refurbished facility.
- *A rebranding and potentially renaming exercise for Parkside Lodge* – Board Members were informed that service users and staff have expressed an interest in choosing a new name for Parkside Lodge to give themselves a sense of ownership over their new home.
- *Recruitment marketing for any new staff* – should there be a need to recruit new staff to the team ahead of the move to Parkside Lodge, then the Trust would like to involve staff and also service users, if possible, in any recruitment marketing and recruitment and selection processes.



Main issues considered by the working group.

Broader public and stakeholder engagement.

Board Members were informed that engagement with local residents, businesses and stakeholders was undertaken from 2nd September 2024 until 27th September 2024, ahead of the Trust submitting its planning application to Leeds City Council for the development of Parkside Lodge.

During week commencing 2nd September 2024, the Trust had sent letters to 730 residents, businesses and the local Primary School within a 100-metre radius of Parkside Lodge to ensure they were fully informed and had the chance to comment. Details of the consultation exercise, including artists impressions of the new site, were also provided on the Trust's website.

Board Members were advised that the Trust will also continue to keep local residents and stakeholders up to date with progress of the development at key project milestones through such means as:

- Information posted on the Trust's website and social media channels;
- Information posted on community social media channels such as the Armley Good Stuff Facebook Group;
- Information for the local press e.g. West Leeds Dispatch, Yorkshire Evening Post;
- Regular briefings for key stakeholders such as the local MP, primary school headteacher, local neighbourhood policing team, local ward councillors and the AHAL Scrutiny Board Chair etc;
- Reporting progress through the Trust's relevant health and care governance groups.

Board Members were informed that the Trust is also planning an opening event in the summer of 2025.

Ensuring a smooth transition.

Board Members acknowledged that as Parkside Lodge is vacant, the Trust will not be required to decant or displace any services to temporary locations as part of the transition arrangements. The new facility will also inherit an existing model of care that has already been enhanced to deliver a wide range of patient requested activities every day and a wide range of therapy and support. Board Members were advised that service users currently access services and activities across the city and not just in the Seacroft area. They will therefore still be supported to access these following the move. Particular importance was therefore placed on service users familiarising themselves with surrounding community facilities, such as local shops. As part of the transition process, the Trust will therefore be facilitating visits to the local area to enable service users and staff to get to know the local area prior to the move.

Future use of Ward 5 Newsam Centre.

While this specific service development is exclusively for men, Board Members were informed that women in Leeds can currently access inpatient rehabilitation and recovery services at the Trust's Asket Croft and Asket House facilities in Seacroft. Board Members were advised that while plans for the future use of Ward 5 Newsam Centre are not fully decided at this stage, it will be retained and most likely be repurposed for additional inpatient capacity to support the reduction of out of area placements.

In conclusion, Board Members requested that the Adults, Health and Active Lifestyles Scrutiny Board be kept informed of progress surrounding both the Parkside Lodge development and the future use of the Ward 5 facility.

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